

Practical Activity 2: Oranges - Game that promotes diversity

Description of the Practical Activity: Each child is encouraged to choose an orange and to recognize it, to remember its unique features. After each child is ready, the oranges are taken out of the room and peeled. Afterwards, the oranges are reintroduced in the room and the pupils are asked to recognize their own orange. As they are asked to identify their oranges, a debate concerning the different outward appearance but similar inner fundamental feelings and emotions of all people unravels.

Link to file to be downloaded: other tips and ideas

https://extension.psu.edu/programs/betterkidcare/knowledge-areas/environment-curriculum/activities/all-activities/we-are-different-we-are-the-same-teaching-young-children-about-diversity

Do's and Don'ts on how to deal with children:

In order to strengthen the message one can exemplify key situations that had a strong emotional impact: the first day at kindergarten (how did you feel? How do you think the other kids felt?), how did you spend your birthday (stress the idea that we all have strong feelings, happiness, sadness, irrespective of the "outer package").

Example:

https://www.uh.edu/cdi/diversity_education/resources/activities/pdf/diversity%20activities-resource-guide.pdf