

**Title of the Practical Activity:** The chart of household responsibilities

**Description of the Practical Activity:** Children must be involved in day to day household activities. In order for these not to become undesirable chores, parents can create a daily chart of activities from which each family member can choose. Tasks such as doing the dishes or picking up the toys and putting them back in their boxes can be set in this chart. Also, the tasks may be individual or group tasks.

Example: When a child has a negative reaction and refuses to carry out tasks such as picking up his/her toys, the parent must explain that even the little ones must help around the house, particularly when it comes to rearranging the toys or things they have been playing with. At a later stage, everyone's tasks can be more clearly set. Photos can be used to create charts with what are everyone's tasks around the house, in order to avoid future arguments.

**Link to file to be downloaded:** <https://ro.pinterest.com/pin/99431104249437684/?lp=true>

**Dos and Don'ts on how to deal with children:** The distribution of tasks needs to be carefully planned taking into account the age and abilities of the child, the most difficult tasks can be achieved as group tasks.



Co-funded by the  
Erasmus+ Programme  
of the European Union

The European Commission support for the production of this publication does not constitute an endorsement of the contents which reflects the views only of the authors, and the Commission cannot be held responsible for any use which may be made of the information contained therein.