

Practical Activity: Let's build a ...

Description of the Practical Activity:tent, bird house, snowman...anything that involves spending time with your child in an active manner and creates opportunities to exercise precision motric skills and creativity.

Example: If you decided on building a tent, first create a list of necessary materials then source them together around the house or from a shop. During the build activity you may face problems in the solving of which the child must get involved. In the end you can all dress up as Amerindians and spend a night in the tent.

Link to file to be downloaded: <http://lifeasmama.com/10-awesome-fort-ideas-to-build-with-your-kids/>

Dos and Don'ts on how to deal with children: It is very tempting at times to take over the activity entirely, while the child becomes just a spectator. Don't forget that this is a learning opportunity for the child as well as relation builder, so the child needs to remain actively involved.



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