

Practical Activity: Role Play

Description of the Practical Activity: You can suggest to your children to swap roles with you for the day, thus creating the opportunity to observe the way they perceive your role.

Roleplay will stimulate the imagination and creativity of the child when facing the need to solve certain key issues in their own way but wearing the adult's shoes. This is a necessary type of exercise which will prove helpful not only during childhood, but also at adult age. The children learn logic and abstract thinking which helps developing their intelligence.

Example: This game proves particularly helpful in certain situations when the child finds it difficult to empathise with you.

Dos and Don'ts on how to deal with children: Do not step out of your role during roleplay except in cases of emergency or danger. It is recommended to attempt these roleplay activities during weekend, when all family members are home and that the adults get involved in playing the child's role also.



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