Practical Activity: The very hungry Caterpillar

Description of the Practical Activity: We use "sequencing" when we split an event into simple steps and put those steps in order. For example, this happens when we talk about something that happened in the past or also when we are counting. Through funny practical activities, parents can help their children to develop a better sense of time and understand words such as "then", "last", "yesterday", "tomorrow", as they usually understand time in a very general way. Some examples of practical activities are "Story sequencing" and "guessing games"; also, routine at home provides good examples (e.g. First we have breakfast, then lunch, then dinner etc.).

"Story sequencing" consist in arranging a series of pictures cards into a logical order to create a story from the beginning to end. This activity helps children to easily develop the concept that "one thing follows another one". An example is the "The very hungry Cateripillar" story (Figure 1.). Parents can play two different games:

- 1. Free play: they can decide to give the kid the card in a random order and allow them to arrange the card in the order they want to create the story;
- 2. Memory guided play: parents learn the story and then ask kids to arrange the cards following the order of the story they listened to.

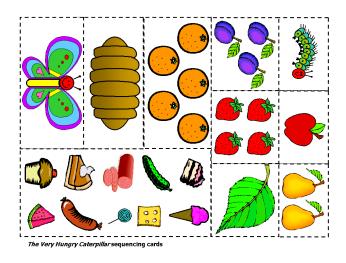


Figure 1 Printable cards "The very Hungry Cerpillar"

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